

"It's quite some achievement that over the course of just four sessions I developed a real sense of clarity and purpose in terms of what I need to focus on in the immediate future, and also an increased confidence and optimism in considering my future options."

Johnathan Ralphs, Senior Manager, HMR0



# **Elizabeth Crosse**

**Location:** United Kingdom. **Languages:** English.

All the expertise: Coach, Facilitator, Speaker.

## My best story

"Four months earlier I never thought the words 'running the first 20 miles is easy' would come from my mouth. With 6 miles to go to completing the London Marathon, I ran past the Tower of London for the second time when my legs just gave way and..."

#### **Overview**

Elizabeth is a master coach, facilitator and keynote speaker. Her work focuses on leaders and senior managers who are taking their organisations through major transformations, enabling them to engage key stakeholders and management teams to implement successful transitions. She has a proven track record of delivering pragmatic, effective coaching and development solutions that meet emerging business needs. Clients tell her that she has a motivational and supportive style and they like her creativity, honesty and directness.

## **Areas of Expertise**

Leadership coaching • Wellbeing coaching • Professional and personal transitions • Working strategically

#### Licence to Practice

Elizabeth has extensive experience of coaching individuals from a variety of disciplines, ranging from geoscientists to international asset managers. With over 30 years' of expertise in coaching and development in the UK and abroad, she pioneered introducing internal coaching to the Civil Service. She is one of the 1% of coaches in the world to attain the International Coach Federation (ICF) Master Certified Coach credential. She presents at a number of National and International Conferences on a range of topics concerning leadership, talent development and coaching. Conferences include, the USA Young Presidents Conference, EMCC Conference Sweden, ICF conference Switzerland and several CIPD conferences UK.

MEd in Education • MSc in counselling psychology • NLP Certified Coach and Master Practitioner • Certified Wellbeing Coach • CIPD Fellow • Qualified to administer a wide range of personality, ability and aptitude measures including MBTI, Hogan and FIRO

#### Satisfied clients, include

10 Downing Street staff, Chatham House, NHS, De Lange Laden, UK Power Network, Housing Corporations, Ministry of Justice, Department of Health, Novartis, BIG Lottery Fund, BIG Lottery Fund, Société Generale, London Business School, S&P Global.

## Three words that describe me

Insightful | Innovative | Inspirational